



# Mansfield Community Center Gymnasium Schedule 2/1/14-2/28/14

Community Center	SUN	MON	TUE	WED	THU	FRI	SAT	
5:30am	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
6:00am		OPEN	Boot Camp	OPEN (Full Gym) 6:00 - 9:00A KETTLE BELLS (1/2)9:00-9:30A	BOOT Camp	OPEN	OPEN	
7:00am		MCC Pump	5:35-6:20A		MCC Pump	6:00 - 7:15A	(Full Gym)	
7:30am		7:00 - 8:00A	40+ BB (Full Gym) 7:15 - 9:15A		7:00 - 8:00A	40+ BB	6:00 - 8:15A	
8:00am	OPEN (Full Gym)	OPEN			(Full Gym)	GRADES 3&4 HOOPS (Full Gym) 8:15-12:45P		
8:30am	(Full Gym)	8:00-9:00		(Full Gym)				
9:00am	8:00 - 10:00A	TRX 9-9:30		7:15 - 9:15A	8:00 - 9:30A			
9:30am	FG (1/2 Gym) 10:00 - 2:00P	TOT	TOT	TOT	TOT			
10:00am		(1/2 Gym)	(1/2 Gym)	(1/2 Gym)	(1/2 Gym)			
10:30am		9:30 - 12:00P	9:30 - 12:00P	9:30 - 12:00P	9:30 - 12:00P			
11:00am		OPEN	MCC PUMP	OPEN	Kettlebells	Instr. Choice		
11:30am			1/2 (12:15-:45P)	1/2 (12:15-:45P)	(1/2)12:15-12:45P			
12:00pm			OPEN	OPEN	OPEN	OPEN		
12:30pm			(Full Gym)	(Full Gym)	(Full Gym)	(Full Gym)		
1:00pm		12:00 - 2:30P	12:45 - 2:30p	12:00 - 2:30P	12:45 - 2:30P	12:45 - 2:30p		
1:30pm		OPEN (Full Gym) 2:00 - 6:00P	HS/MS OPEN	HS/MS OPEN	HS/MS OPEN	HS/MS OPEN		
2:00pm			(1/2 Gym)	(1/2 Gym)	(1/2 Gym)	(1/2 Gym)		
2:30pm	2:30 - 5:00P		2:30 - 5:00P	2:30 - 5:00P	2:30 - 5:00P			
3:00pm								
3:30pm	ASF		ASF	ASF	KARATE			
4:00pm	(1/2 Gym)		(1/2 Gym)	(1/2 Gym)	(1/2 Gym)			
4:30pm	5:00 - 6:00P	5:00 - 6:00P	5:00 - 6:00P	5:00 - 6:00P	4:30 - 6:00P			
5:00pm	FUTSAL (SOCCER) (Full Gym) 6:00 - 7:55P	OPEN	WORK CIRCUIT	Family	OPEN	OPEN		
5:30pm		(Full Gym)	(1/2 Gym)	(1/2 Gym)	(Full Gym)	(Full Gym)		
6:00pm		6:00 - 7:30P	6:00 - 7:30P	6:00-7:30P	6:00 - 7:00P	6:00 - 7:55P		
6:30pm		ADULT OPEN	TRX 7-7:30	ADULT OPEN	TRX 7-7:30	OPEN (Full Gym) 6:00 - 9:55P		
7:00pm	BASKETBALL	FUTSAL	BASKETBALL	ADULT OPEN				
7:30pm	(Full Gym)	(SOCCER)	(Full Gym)	VOLLEYBALL				
8:00pm	7:30 - 9:55P	(Full Gym)	7:30 - 9:55P	(1/2 Gym)				
8:30pm	FACILITY CLOSES 8:00P		7:30 - 9:55P	7:30 - 9:55P	7:30 - 9:55P	FACILITY CLOSES 8:00P		
9:00pm		FACILITY CLOSING AT 10:00P MONDAY - FRIDAY						
9:30pm								
10:00pm								

## Key and Descriptions

OPEN = Open Gym (for all ages)

TOT = Tots and Parent Open Gym (FREE for Members)

ASF = After School Friends Pre-registered Program

HS/MS OPEN = High School and Middle School Open Gym

FG = Family Gym (Parent/Guardian with child(ren) only).

Open Volleyball = Drop in program for Adults/High School Students

Adult Open Basketball 18+ and out of HS

Futsal = Soccer Alternative Drop In Program 16+

40+BB = 40 years of age and older ONLY Basketball

MCC PUMP = Pre-registered Fitness Class

KETTLEBELLS = Pre-registered Fitness Class

WORK the CIRCUIT = Pre-registered Fitness Class

BOOTCAMP = Pre-registered Fitness Class

TRX = Pre-registered Fitness class

Instr. Choice = Pre-registered Fitness Class

\*\*\*When 1/2 Gym is reserved/scheduled

the other 1/2 is Open Gym\*\*\*

MCC reserves the right to alter this schedule

Please call us or check the town web

for updates at [www.mansfieldcc.com](http://www.mansfieldcc.com)

\*\*\*\*\*GYM RESERVED\*\*\*\*\*

2/1 Family Fun Night

2/2 12:00-1:00 p.m. Birthday Party

2/21 Family Fun Night

2/23 Birthday Party

2/6, 2/13, 2/20, 2/27 - UCONN Women's Volleyball 1/2 Gym

This schedule available online at [www.mansfieldcc.com](http://www.mansfieldcc.com)